



Delicious Diabetic Recipes

Over 500 Yummy Recipes



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Introduction

I have been a diabetic for many years now and have learned that one of the ways to live with diabetes is by not letting it destroy your love of, and need for, interesting and great tasting food and drink. This eBook is created to help diabetes sufferers to keep open a wide option in food choices. I was going to say "enjoy the book," but instead I think I will say "enjoy the food."

Terry Mason

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